

What are Cataracts?

Your eye's natural lens sits behind the iris and pupil and works similarly to a camera lens. This natural crystalline lens of the eye is clear and is primarily responsible for focusing light on the retina. Any clouding of the natural lens is called a cataract. Cataracts cause blurry vision that affects the person's ability to see clearly and function effectively.

Cataracts occur most commonly as a result of age and everyone will eventually have cataracts if they live long enough. Some people develop cataracts at a young age and these can be a result of heredity, trauma, diabetes and certain medications.

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